

Wellness lunch Perfume & Flavours of the world

Starters

Vichyssoise of season leaks and fresh palm hearts salad	165 Cal / € 22
Lukewarm scampi's salad, small vegetables and sweet pepper juice	210 Cal / € 24
Gazpacho of Crab and Vegetables of Provence in the Basil	210 Cal / € 24
Ravioli of smoked Salmon and Oysters Gillardeau in warm vinaigrette	280 Cal / € 26

Dishes

Fishes cooked in foil paper, broth flavoured with saffron	310 Cal / € 34
Fresh codfish petals, brandade of artichokes and candied tomatoes	320 Cal / € 30
Rolled fowl leg, Cannellonis and watercress purée	420 Cal / € 30
Beef fillet skewers and grilled vegetables with tarragon	415 Cal / € 32
Tajine of vegetables	185 Cal / € 21

Desserts

Citrus fruits supremes, Ginger mousse and clementine sherbert	270 Cal / € 18
Soup of Red berries vanilla Panacota and sherbet Cottage cheese	275 Cal / € 18
Plate of sherberts with season fresh fruits	210 Cal / € 18

Les Encas

And for some more calories ...

The market Gardener plate	€ 20
The cheese maker plate	€ 22
The plate of Iberian ham with tomato roasted bread	€ 26
The « Côte Saint-Jacques Club Sandwich » with green salad	€ 20

Net prices